

# The Neurological Understanding of Surrogate Healing in Autism

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## Introduction

What is Surrogate healing in Autism?

Surrogate healing in autism is the healing of the limiting symptoms in a child with autism by channeling Intent Healing™ energies with the parents of the child acting as surrogates.

All the limiting symptoms in autism, including a child being non-verbal are due to the energy disturbances in the energy fields of the child with autism. Once these energy disturbances are corrected, all these limiting symptoms disappear and in non-verbal autism the child gains the faculty of speech [1-4]. I have been demonstrating this in my healing practice where I am healing children with autism from all over the world, on a daily basis with Intent Healing™. The science behind this healing approach in healing Autism and ADHD is Applied Energy Medicine and Applied Intentional Epigenetics [5-9]. The process involves doing healing sessions with the parents first and then doing the healing sessions for the child, and we see the results as improvements of the symptoms in the child, right from the first session. Now, the interesting fact is that, in almost all the cases, we start seeing the limiting symptoms disappearing in the child with autism while we are doing the sessions with the parents. Meaning, as the energy disturbances are being corrected in the parents, the symptoms start disappearing in the child, even before the sessions are started for the child. This prompted me to explore doing surrogate healing for the child through the sessions with the parents and sure enough this resulted in almost 80% of the limiting symptoms disappearing in the child.

## Mirror Neurons

The neurological pointer that could help understand this phenomenon is by exploring the functioning of a subset of 'Mirror Neurons' that are present in the brain. Mirror neurons were discovered by Dr. Giacomo Rizzolatti and his colleagues and these neurons are on the front of the brain in the frontal lobes. They also found a subset of these neurons, around 20 percent of them, that also fire when one looks at somebody else performing the same action. For example, a neuron fires when one reaches and grabs something, but it also fires when one watches another person reaching and grabbing something. This is amazing because it is as though this neuron is adopting the other person's point of view. It is akin to performing a virtual reality simulation of the other person's action.

Dr. Vilayanur Ramachandran, neuroscientist has performed experiments that demonstrate that there is no real distinctiveness of a person's consciousness from somebody else's consciousness. In one such experiment a person's arm is anesthetized and it becomes numb as there are no sensations coming in. Now, when this person watches another person being touched, he feels the sensation of his own arm being touched, even though that arm is has been anesthetized. In other words, the barrier between one human being and the other human beings has been dissolved. He calls these neurons Gandhi Neurons or empathy neurons.

And this is not in some abstract metaphorical sense. All that is separating one human being from another is their skin. If the skin is removed, one can experience the other person's touch in one's mind the barrier between one human being and other human beings is dissolved.

This is the basis of much of Eastern philosophy that is there is no real independent self, aloof from other human beings, inspecting the world or inspecting other people. Every single person is actually quite literally connected to others by their neurons and these neurons are in communication all the time. There is no real distinctiveness of one individual's consciousness from somebody else's consciousness.

This insight emerges from our understanding of basic neuroscience. This has been confirmed by observing a patient with a phantom limb. If the arm has been removed and that person has a phantom, and he watches somebody else being touched, he feels it in his phantom limb. Not only this, if that person has pain in his phantom limb, and if one squeezes the other person's hand, massages the other person's hand, that relieves the pain in the patient's phantom hand, almost as though the neuron were obtaining relief from merely watching somebody else being massaged [10].

Now what is happening here with respect to surrogate healing in autism is that the child with autism on many levels is actually reflecting the energy disturbances and thus the neuronal disturbances that is present in the parents' energy fields and neuronal system and this involves the activity of the mirror neurons in both - the parents and the child with autism. And once these disturbances are corrected in the parents the symptoms begin to disappear in the child [1,3,11].

(For those reading this article, who may be thinking that mirror neurons, are absent in children with autism - it is not true as evidenced by the success of surrogate healing in autism. I had an opportunity to question Dr. Vilayanur Ramachandran when he was in India, about his theory that

mirror neurons could be absent in autism, which I was demonstrating as to be false - more about that in another article).

Another interesting fact here is that in order for the child with autism to experience the relief in the symptoms he/she may be struggling with, it is not necessary for the child to be physically present or watch the parents' sessions. This brings up an interesting possibility that the mirror neurons are being fired without necessarily involving the visual input or "seeing" through the eyes, in other words.

Which is where the Energy Medicine perspective offers a (w) holistic understanding of how surrogate healing is working in autism, and this includes the neurological aspect.

## Energy Medicine Perspective

Energy Medicine understanding of how surrogate healing works in autism involves the following components:

1) Energy Frequencies and Resonance - Healing of the symptoms happens when the particular energy frequency that resonates with the healed state of being is achieved by the channeling of Intent Healing™ energies. This can be done directly with/through the autistic person or with the parents acting as surrogates [1,3,8,9,11,12].

2) Remote Healing - The fact that the healing applying Intent Healing™ is being done as Remote Healing is further evidence the surrogate healing works through the energy fields of the person which in turn RE-WIRES the network in the Brain, taking advantage of the Neuroplasticity of the brain, which is the ability of the brain to rewire. (Another fact to note here is that even the skin does not act as a barrier between one person and another) [1,4,13].

3) Applied Intentional Epigenetics - This is the cutting edge science of reprogramming the DNA by switching genes on or off by applying epigenetic methods such as Intent Healing™. This healing method is an energy based healing method where energy is channeled beyond the limitations of space and distance and is showing results on the ground in healing Autism and ADHD. The details of the same can be accessed through this course 'The Energy Basis Of Autism and The Solution' here: <http://www.authenticautismsolutions.com> [6,7,11].

## Conclusion

In conclusion, the neurological understanding of surrogate healing of the limiting symptoms in autism opens the doors for

a revolution in addressing the global "issue" of autism with cutting-edge scientific techniques such as Intent Healing™.

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